

SAWASDEE THAILAND SUMMER PROGRAM 2025 [BATCH A]



Date		Time	Program		Venue / Remarks
			Heritage and Multiculturalism	Sustainable Life and Society	
MON	17/06/25		Arrival day		
TUE	18/06/25	09:00	Registration and refreshment		Mahidol Learning Center
		09:30	Opening Ceremony		Mahidol Learning Center
		09:45	Introduction to Mahidol University		Mahidol Learning Center
		09:50	Ice Breaking (Meet with MU students)		Mahidol Learning Center
		10:20	Intro to Sawasdee Thailand (Course & Assignment) by Program Mentors		Mahidol Learning Center
		10:30	Course 1: Introduction to Thailand and Thai Culture		Mahidol Learning Center
		12:30	Welcome Lunch hosted by Mahidol University		Reception Room, 3rd flr., Mahidol Learning Center
		13:30	Campus Tour		Tram station, Mahidol Learning Center
		14:00	Cultural Activity I		Cultural will be arranged based

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					on registration and number of participants
		16:15	Session ends		
WED	19/06/25	09:00	Course 2: Introduction to Thai Food		Mahidol Learning Center
		10:00	Course 3: Siam to Thailand: A Journey Through Time and Transformation	Course 3: Food Sustainability in Thailand	
		11:30	Lunch Break		
		13:00	Course 4: Sustainable Success: Managing Food Businesses with Responsible Sourcing and Production (Guest speaker)		Mahidol Learning Center
		16:30	Class Ends		
THU	20/06/25	09:00	Course 5: Everyday Thai Language Skills	Course 5: Eco-Lifestyle 101: Simple Steps to a Sustainable Future	Mahidol Learning Center
		11:30	Lunch Break		
		13:30	Cultural Activity II		
		16:30	Class ends		
FRI	21/06/25	09:00	Course 6: Cultural Diversity and Globalization in Thailand		Mahidol Learning Center

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		11:30	Lunch Break		
		12:30	Leave for Bangkok		
		14:00	Visit the Grand Palace and Temple of Emerald Buddha		Phra Nakhon, Bangkok
		16:30	Bangkok Old Town Walking Tour		Tour with buddy
21/06/25– 22/06/25 😊 HAPPY WEEKEND 😊					
MON	23/06/25	09:00	Course 7: Cultural heritage management	Course 7: Advancing SDGs and Social Participation	Mahidol Learning Center
		12:00	Lunch Break		
		13:00	Course 8: Superstition and Folklore of Thai People	Course 8: Managing Life Choices for Better Health	Mahidol Learning Center
		14:30	Introduction to Chiang Rai and preparation session for Chiang Rai Field Trip		
		15:10	Leave for cultural activities		
		15:30	Cultural Activity III		Salaya neighborhood
		16:45	Class ends		
TUE	24/06/25	09:00	Course 9: Challenges in Multicultural Societies	Course 9: Biodiversity Conservation in Thailand	

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			Heritage and Multiculturalism	Sustainable Life and Society	
		10:30	Course 10: Introduction to Chiang Rai (Quick Facts and Things to Know Before Visiting Chiang Rai) Geography and Climate / Cultural Highlights / Transportation in Chiang Rai / Safety and Etiquette		
		11:30	Lunch Break		
		12:30	Leave for DMK airport		
		14:30	Late afternoon flight to Chiang Rai		
		15:00	Check-in at MFU hotel		
WED	25/06/25	Mae Fah Luang University			Mae Fah Luang University
		09:15	Intro to MFU, SDGs best practice and campus tour		Mae Fah Luang University
		10:30	Course 11: Insightful Chiang Rai and the North		Mae Fah Luang University
		12:00	Lunch Break		Mae Fah Luang University
		13:00	Course 12: Heritage and Multiculturalism in Chiang Rai	Course 12: Eco-tourism Management in Chiang Rai	Mae Fah Luang University
		14:00	Course 13: Chiang Rai Diversity and Inclusiveness		Mae Fah Luang University
		15:00	Site visit (1)		Chiang Rai

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THU	26/06/25	09:00	09:00 – 15:30 Site visit (2-3)		Chiang Rai
		15:30	Wrap - up		Chiang Rai
		16:30	Class ends		
FRI	27/06/25	Morning	A Visit at a Community-based Business		Chiang Rai
		Afternoon	Free time		Chiang Rai
SAT	28/06/25	Morning	Free time and check-out at 11:00		
		Afternoon	Afternoon flight back to DMK		
		Evening	Arrive and check-in at a hotel in Bangkok		Bangkok
29/06/25 😊 HAPPY SUNDAY 😊					
MON	30/06/25	10:00	Group Presentation & Program Reflection & Certificate		The time may be adjusted based on the number of groups
		12:00	Farewell Lunch hosted by Mahidol University		
		14:00	Leave for hotel in Bangkok		Bangkok
TUE	01/07/24		Departure Day		