

Building Resilience Therapy Talk

Date: 14th February 2022

Time: 10:00 am (UTC+7:00)

Speaker: Dujdao Vadhanapakorn, Dance Movement Psychotherapist, Host of R U OK Podcast

By: Mahidol University Student, Academic, and International Services (MUSAIS)

Broadcast:

<https://mux.mahidol.ac.th>

Opinter Mahidol



Mahidol University Organizes a Workshop on Health Literacy Curriculum for Healthy Mahidol in New Normal

On 18th January 2022, **Professor Banchong Mahaisavariya**, President of Mahidol University presided over the opening of the workshop named “Health Literacy Curriculum for Healthy Mahidol in New Normal”. **Associate Professor Dr. Phudit Tejativaddhana**, Director of the ASEAN Institute for Health Development, Mahidol University and Executive Director for ASEAN University Network – Health Promotion Network (AUN-HPN) presented a workshop at the Boonsiri Conference Room at ASEAN Institute of Health Development, Mahidol University using the hybrid (online and onsite) system. The training workshop is part of AUN-HPN's health promotion program, with the goal of advocating for health promotion activities in the ASEAN region. The main goal was to encourage university personnel and students to be equipped with knowledge and skills in health promotion, environment, and well-being.



MUIC Joins “Thailand Village Academy”

On 24th January 2022, **Dr. Nipawan Thirawat**, Assistant Dean for Research and Academic Services, Mahidol University International College (MUIC) signed a Memorandum of Understanding with 15 organizations in “Thailand Village Academy”, a project of the Department of Cultural Promotion of the Ministry of Culture. The purpose of this project is to encourage youth tourism in cultural learning resources in the community, while also adhering to the country's educational strategy, which promotes the concept of learning outside the classroom. Using tourism as an economic development tool for their own communities also allows them to create strong and sustainable economies.

MUSAIS and Fukuoka Women's University Kicked Off the Fridays with Conversation Corner Season 2

On 21st January 2022, Mahidol University Student, Academic, and International Services (MUSAIS) and Fukuoka Women's University (FWU) launched the "Fridays with Conversation Corner" on the second season with the theme: EAT PRAY LOVE. This event provides a space for Mahidol University and Fukuoka Women's University students to practice and improve their English, particularly their speaking skills, through real-life conversations. This program is held via Zoom every Friday from 5.00 - 6.00 pm, The first session was introductions to landmarks and student life at both universities. Participants have exchanged ideas and learned about each other's lives as students.

