



Mahidol University's Organizational Quarantine

Letter of Consent for Being Quarantined and Acknowledging the Standard Operating Procedure (SOP) during Quarantine at Ramadhibodi Chakri Naruebodindra Hospital, Chakri Naruebodindra Medical Institute



Ramadhibodi Chakri Naruebodindra Hospital, Chakri Naruebodindra Medical Institute
(CNMI)

Faculty of Medicine Ramathibodi Hospital, Mahidol University,
Bang Phli, Samut Prakan (approximately 30 kilometers from Suvarnabhumi airport)

Room and Services

- Single bedroom in a self-contained ward with en suite toilet and shower. In the case of being quarantined with family, the hospital will prepare 2 large bedrooms upon pre-arrival request.
- 1 set of toiletries including soap, shampoo, toothpaste, toothbrush, toilet paper, and alcohol gel (please call hospital staff for refills or additional toiletries).
- 1 set of shirt and pants per day and 1 towel to be changed every 3 days (please call hospital staff to change towel before this time). Pillow, blanket, and bedsheets can also be renewed upon request; the quarantined person is responsible for changing the bedsheets.
- 3 meals: breakfast (07.00 – 08.00 hrs.), lunch (11.00 - 12.00 hrs.), and dinner (16.30 - 17.30 hrs.), served in the room daily during 14 days of quarantine with tea, coffee, and drinking water included (please call hospital staff for refills).
- In case of fasting during Ramadan, 2 meals (dinner and breakfast for the next day) will be served at 18.00 hr. (please indicate in the Dietary requirements / allergy section on the given form, Letter of Confirmation).
- A SIM card with internet package for connecting to the communication LINE group “MUOQ2021” administered by the Student Affairs Division, Office of the President.
- Transportation between the airport, the hospital, and post-quarantine accommodation.

Quarantine Regulations and Personal Measures

- Family members are prohibited from visiting the quarantined person in all circumstances.
- The quarantined person is strictly prohibited from leaving the room.
- The quarantined person is strictly prohibited from smoking, E-cigarettes, or drinking alcohol.
- The quarantined person is strictly prohibited from carrying any sharp objects into the hospital premises (including the room).
- In-room cooking and food from outside are prohibited to prevent gastrointestinal infection during quarantine. Dry foods with FDA certification, and which will not spoil within one month, are allowed.

- All food is served in disposable boxes; please dispose of the remaining food and tableware in the bin provided within the room.
- Communication between the quarantined person and staff shall be primarily carried out via telephone and LINE chat.
- Sending items/gifts to the quarantined person must follow security procedures. The sender is not permitted to enter the quarantine facility. All items are to be packaged, addressed with the receiver's name, and deposited at the hospital's Administration Office, 3D (3rd floor, zone D). The package shall be subject to inspection by the security personnel before delivery and shall not contain any item prohibited by law, medical orders, or hygiene standards. Packages which do not pass inspection shall not be deposited.
- Should the quarantined person need to participate in a meeting or sign a contract/deal (i.e. business) or similar necessities, the person may call hospital staff who will then forward the request to the Director of Hospital or assigned person for consideration on a case-by-case basis.
- The quarantined person is responsible for cleaning the room. Cleaning equipment can be requested from hospital staff.
- All waste is to be disposed of in the small red plastic bag marked for contaminated waste disposal. The used bag must be tied and put into another bag, which must then be tied with a cable tie, before being placed next to the door (inside the room). The cleaning staff with standard PPE suits will come to collect the trash and resupply bags during 18.00 - 19.00 hrs.
- Used clothes are to be disposed of in the large red plastic bag. The bag must be tied and put into another bag, which must then be tied with a cable tie, before being placed next to the door (inside the room). The cleaning staff will come to collect the clothes and resupply bags during 18.00 - 19.00 hrs.

Personal Health Related Measures

- After entering the room, the quarantined person must scan the following QR codes:
 - **QR code 1:** To join the LINE group "Organizational Quarantine Ward" for communicating with and reporting daily vital sign measurements to the nurse.
 - **QR code 2:** For instructions of COSTE application.

- **QR code 3:** To download COSTE application and register, respectively. After registration, scan **QR code 4** to report temperature twice daily for submission to the Department of Disease Control, Ministry of Public Health.
- Quarantined persons will measure their own temperature, blood pressure, and oxygen saturation in the morning at 9.00 hr. and in the evening at 18.00 hr. and send the results to the Health Care Staff via LINE.
- To measure temperature, wipe the provided thermometer with alcohol and place in the armpit for 5 minutes before reading. Wipe with alcohol again before storage.
- In the case of fever accompanied by respiratory symptoms, such as cough, sore throat, runny nose, difficulty breathing or shortness of breath, please inform the staff immediately to prepare for examination.
- Please contact the staff immediately should any normal prescription medicines run out, or if you have any other health issues.
- Wash hands with soap or alcohol gel every time you cough or sneeze, before you eat, and after using the toilet.
- Swab Tests: 14 days 3 tests: 1st test upon the first day of arrival into the Kingdom of Thailand but not exceed the first day of quarantine, 2nd test between day 6 to day 7 of the quarantine and 3rd test between day 12 to day 13 of the quarantine.

Overall Cost for Quarantine

1. 7 days 2 tests (including room, 3 meals per day, 2 RT-PCR swab tests, and transportation)

- Applicable for foreign and Thai nationalities
- Fully vaccinated over 14 days before flying
- Holding medical certificate with a laboratory result (foreign nationality)
- Not holding medical certificate with a laboratory result (Thai nationality)

** If the affiliated Faculty/ College/Institute will not subsidize the cost, the quarantined person must pay the full cost according to the following rates. **

Quarantined Person Categories	Cost (Baht)
1. Full-Time Undergraduate Student/Full-Time Postgraduate Student at Mahidol University	22,100

2. High school student from Mahidol University International Demonstration School (MUIDS)/Mahidol Wittayanusorn School/Pre-College Project at College of Music, Mahidol University/Preparation Center (PC) for Languages and Mathematics at Mahidol University International College.	22,100
3. Exchange Student/ Visiting Student/ Internship Student/ Residency Trainee/ Fellowship Trainee who registers at Mahidol University for at least 1 semester.	32,600
4. Mahidol University Staff. The subsidization will be dependent on the affiliated Faculty/ College/Institute's consideration. If the affiliated Faculty/ College/Institute will not subsidize the cost, the staff must pay the full cost according to this rate.	22,100
5. Visiting Lecturer/ Visiting Professor/ Visiting Academic Staff who are invited to work at Mahidol University. The subsidization will be dependent on the affiliated Faculty/ College/Institute's consideration. If the affiliated Faculty/ College/Institute will not subsidize the cost, the staff must pay the full cost according to this rate.	32,600

2. 10 days 2 tests (including room, 3 meals per day, 2 RT-PCR swab tests, and transportation)

- Applicable for foreign and Thai nationalities
- Have not been vaccinated or not fully vaccinated
- Holding medical certificate with a laboratory result (foreign nationality)
- Not holding medical certificate with a laboratory result (Thai nationality)

**** If the affiliated Faculty/ College/Institute will not subsidize the cost, the quarantined person must pay the full cost according to the following rates. ****

Quarantined Person Categories	Cost (Baht)
1. Full-Time Undergraduate Student/Full-Time Postgraduate Student at Mahidol University	28,400
2. High school student from Mahidol University International Demonstration School (MUIDS)/Mahidol Wittayanusorn School/Pre-College Project at College of Music, Mahidol University/Preparation Center (PC) for Languages and Mathematics at Mahidol University International College.	28,400

3. Exchange Student/ Visiting Student/ Internship Student/ Residency Trainee/ Fellowship Trainee who registers at Mahidol University for at least 1 semester.	43,400
4. Mahidol University Staff. The subsidization will be dependent on the affiliated Faculty/ College/Institute's consideration. If the affiliated Faculty/ College/Institute will not subsidize the cost, the staff must pay the full cost according to this rate.	28,400
5. Visiting Lecturer/ Visiting Professor/ Visiting Academic Staff who are invited to work at Mahidol University. The subsidization will be dependent on the affiliated Faculty/ College/Institute's consideration. If the affiliated Faculty/ College/Institute will not subsidize the cost, the staff must pay the full cost according to this rate.	43,400

Important Notes

- If your flight is delayed, please inform the coordinator of your host faculty as soon as possible.
- If your flight is cancelled, please inform the coordinator of your host faculty immediately and submit a new Letter of Confirmation in order to apply for your new Certificate of Entry (COE). Your new flight should be at least 10 days later than the previously cancelled flight, to allow new arrangements to be made.
- Quarantined persons who have tested positive for COVID-19 during the quarantine shall be immediately transferred to another location provided by Ramadhibodi Chakri Naruebodindra Hospital, Chakri Naruebodindra Medical Institute, for COVID-19 treatment.

I hereby consent to be quarantined and acknowledge the Standard Operating Procedure (SOP) during quarantine at Ramadhibodi Chakri Naruebodindra Hospital, Chakri Naruebodindra Medical Institute.

Signature.....

(.....)

Date.....

Student/Staff from Faculty/Institute/College.....