

Tentative Schedule: Wisdom of Asia (2-week Program) 02/08/2021 – 13/08/2021

| Date | Time (hrs.) | Time (hrs.) | Time (hrs.) | Module & Title | Overview | Instructor/Speaker | Methodology & Period |
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| | Thailand/ Indonesia Time | China Time | Japan Time | | | | |
| Monday 02/08/2021 | 09.00 – 10.00 | 10.00 – 11.00 | 11.00 – 12.00 | Orientation | <p>Welcome messages by 4 co-host universities</p> <p>Video presentations of each co-host university</p> | <p>Mahidol University: Assoc. Prof. Nopraenu Sajarax Dhirathiti, Ph.D., Vice President for International Relations and Corporate Communication of Mahidol University, Thailand</p> <p>Gadjah Mada University: Prof. Paripurna, SH., M.Hum., LLM, Vice Rector for Cooperation and Alumni of Universitas Gadjah Mada, Indonesia</p> <p>Kyoto University: Prof. Eiji Nawata, Director of Kyoto University ASEAN Center in Bangkok, Kyoto University, Japan</p> <p>Yunnan University: Rong Xiang, Ph.D & Director, Social Work Research Institute, School of Ethnology and Sociology, Yunnan University, China</p> | Live session 1 hour |
| | | | | | <p>Information about the program, course descriptions, evaluation</p> | <p>Dr. Pattira Thaitosaeng, Faculty of Social Sciences and Humanities (Advisor of the program from Mahidol University)</p> | |
| | 10.00 – 11.00 | 11.00 – 12.00 | 12.00 – 15.00 | <p>Connecting Borders through Virtual World Introduction to Thailand and Thai Culture</p> | <p>Basic information about Thailand, Thai culture, and Thai people will be revealed through photos and storytelling. The participants will then enjoy hands-on experience by practicing easy Thai daily dialogues.</p> | <p>Dr. Suppachai Chanwanakul Faculty of Liberal Arts, Mahidol University</p> | Live session 1 hour |

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| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 13.00 | 13.00 – 14.00 | 14.00 – 15.00 | Connecting Borders through Virtual World The Aesthetics and Sensitivities of the Japanese as seen through Classical Japanese Literature | We will explore the aesthetic sensitivities of the Japanese to the seasons and their natural surroundings, and we will see how this aesthetic appreciation has been expressed in the works of some of Japan's most cherished classical poets and writers. | Assoc. Prof. Dr. Shikiko Yukawa, Institute for Liberal Arts and Sciences, Kyoto University | Live session 1 hour |
| | 13.00 – 14.00 | 14.00 – 15.00 | 15.00 – 16.00 | Connecting Borders through Virtual World Managing Cultural and Religious Diversity in Indonesia | Understanding Indonesia and its culture This will not only unveil Indonesia's culture, but also common values shared by participating countries (Thailand, Indonesia, Japan and China) | Achmad Munjid, Ph.D Faculty of Cultural Science, UGM | Live session 1 hour |
| | 14.00 – 15.00 | 15.00 – 16.00 | 16.00 – 17.00 | Connecting Borders through Virtual World Diversity and Multiculturalism in China - The case of the Ancient city Jianshui in Yunnan Province | Yunnan Province, situated on the southwest of China, bordering on southeast of Asia is a province unique in both physical and cultural diversity. Lying in the south part of the province, the city of Jianshui has a history of more than 1200 years. The process and influence of the multi-cultural formation of Jianshui city will be presented from both historical and contemporary perspective. | Prof. Peng Duoyi, Co-Director, Social Work Research Institute, School of Ethnology and Sociology, Yunnan University | Live session 1 hour |
| Tuesday 03/08/2021 | 09.00 – 10.00 | 10.00 – 11.00 | 11.00 – 12.00 | Modernized Traditional Wellness and Health Care Thai Herbs and Traditional Medical Wisdom | Chao Phraya Abhaibhubejhr Hospital, which has been cultivating medicinal plants for healing and treatment since 1983. This hospital is famous for herbal products and traditional Thai medicine. It also promotes the use of herbs for self-reliance in various local communities and has learned much from the wealth of local wisdom concerning the development of indigenous medicine. A number of | Representative of Chao Phraya Abhaibhubejhr Hospital | Live session 1 hour |

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| | | | | | herbal products, foods, drinks, and cosmetics make a name for this hospital, The quality of Abhaibhubejhr herbal products has steadily risen to international standards and they are now earning recognition from the international community. | | |
| | 10.00 – 11.00 | 11.00 – 12.00 | 12.00 – 13.00 | Thai Massage: Unlock the Secret of Healing Power | Understanding the idea of world medical treatment “Thai Massage” through demonstrations and workshop. This chapter will guide you to do the basic physical health check for yourself and to relieve uncomfortable effects from online course. | Ms. Saengrung Daengkoon Thai Massgae Specialist, Chetawan Wat Pho Thai Massage School | Live session 1 hour |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | Modernized Traditional Wellness and Health Care Cure the "pre-symptomatic disease (Mibyoy)" – Integrative use of traditional medicine with conventional medicine | Japan is now a super-aged society and its main target for health care is the chronic diseases rather than the acute syndromes. Traditional medicine (TM) that mainly uses herbs for its remedy is effectively cure the uncomfortableness of people in condition of the chronic diseases and the pre-symptomatic disease to prevent these people from falling into the serious status. The lecture describes recent use of Japanese traditional medicines in practice and its relevant international and domestic issues. | Assoc. Prof. Dr. Michiho Ito Graduate School and Faculty of Pharmaceutical Science, Kyoto University | Live session 2 hours |
| Wednesday 04/08/2021 | 09.00 – 11.00 | 10.00 – 12.00 | 11.00 – 13.00 | Modernized Traditional Wellness and Health Care Modern Traditional Health Care | At present, the climate of the environment has changed dramatically, pollution is serious, various cultural conflicts have intensified, life is stressful, people suffer from a variety of mental and physical diseases. We realize the importance of health, yet | Dr. Hou Lixin , Director of Renji Hospital, Yunnan | Live session 2 hours |

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| | | | | | seeking for better health leads to more chaos and worse health problems. This lies in the question of How health is being redefined, and how to achieve health needed in our own special circumstances? The presentation will try to answer this question from the perspective of modern traditional health care. | | |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | Modernized Traditional Wellness and Health Care Jamu (Indonesian Traditional Herb Drinks) | How Jamu as traditional drinks of Indonesia have now been modernized in many ways so that they attract the interests of young people. Other traditional medical practices dan wisdoms will also be explored. | Prof. Dr. Suwijyo Pramono Faculty of Pharmacy, UGM | Live session 2 hours |
| Thursday 05/08/2021 | 09.00 – 10.00 | 10.00 – 11.00 | 11.00 – 12.00 | Sustainable Management Community-based Tourism (CBT) in Thailand | The context regarding CBT in Thailand has become a national tourism strategy because of its potential to benefit local communities directly, and to responsibly promote Thailand's unique regional culture and heritage. | Mrs. Jaranya Daengnoy Director, Thailand Community Based Tourism Institute | Live session 1 hour |
| | 10.00 – 11.00 | 11.00 – 12.00 | 12.00 – 13.00 | | Group activities | | Live session 1 hour |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | Sustainable Management Farmers' perceptions of climate change and adaptation strategies | This session firstly introduces how Japanese farmers adapt to climate change influencing on farming negatively. Especially, mitigating heavy rainfall disaster and wild animal damage is focused on. Secondly, differences of basic condition and current situation between Japan and Thailand for the issue will be clarified through discussing with Thai expertise | Assoc. Prof. Dr. Haruhiko Iba Graduate School of Agriculture, Kyoto University | Live session 2 hours |

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| Friday 06/08/2021 | 09.00 – 11.00 | 10.00 – 12.00 | 11.00 – 13.00 | <p>Sustainable Management</p> <p>A tale of four villages : An overview of sustainable development across cultures: China experience and overseas</p> | <p>-Conservation, sustainable living and sustainability management in community development are getting more and more attention day by day. China is of no exception but without proper town/village planning control, plus conservation mindset, it can turn into chaos.</p> <p>The speaker will give an overview on four villages with different historical background, of which two are ethnic minority villages in Kunming, Yunnan, having over 600 and 400 years of history in comparison with two other villages of similar nature but managed in a more sustainable manner in his opinion .Audiences can judge outcomes of these development or redevelopment on his/her own accord and determine how important the role of sustainability management in the process of town/village planning is? if there is any!</p> | <p>Mr. Rawdon Lau, Chair of the Board of Directors for International Youth Hostel, Heart2Heart Yunnan, China</p> | <p>Live session 2 hours</p> |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | <p>Sustainable Management</p> <p>Indonesia’s Experiences and Strategies in Dealing with Sustainable Management</p> | <p>This lecture will focus on Indonesia’s experiences and strategies in dealing with sustainable management. Relevant SDGs will be thoroughly explored during the lecture coupled with UGM’s latest experience in establishing a Master program on Sustainability, supported by AUN and Norwegian Government.</p> | <p>Nofie Imam Vidya Kemal, Ph.D Faculty of Economics and Business, UGM</p> | <p>Live session 2 hours</p> |
| | | | | <p>Group work progress report and discussion with the advisor</p> <p>* Time will be discussed among group members and Group Advisor</p> | <p>Kyoto U.: Prof. Eiji Nawata MU: Dr. Pattira Thaitosaeng UGM: Safirotu Khoir, Ph.D</p> | | |

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| Monday 09/08/2021 | 09.00 – 10.00 | 10.00 – 11.00 | 11.00 – 12.00 | Design Thinking: Past and Future Perspectives “Rice” The Legend of Life | Thailand has a strong tradition of rice production. It has the fifth-largest amount of land under rice cultivation in the world and is the world's second largest exporter of rice. Fully half of Thailand's cultivated land is devoted to rice. Rice is central to Thai society. Rice uses over half of the arable land and labor force in Thailand. Of Thailand's eight million farm households in 2020, four million cultivate rice. It is one of the main foods and sources of nutrition for most Thai citizens: yearly per capita consumption in 2013 was 114.57 kg. | Dr. Chanokporn Puapattanakun Mahidol University Nakhonsawan Campus | Live session 1 hour |
| | 10.00 – 11.00 | 11.00 – 12.00 | 12.00 – 13.00 | “Something Rice” Workshop | Enjoy how to make a “Product from Rice” at home. A demonstrator is a rice -farmer who is in Biodynamic Agriculture; a form of alternative agriculture very similar to organic farming, but it includes various esoteric concepts drawn from the ideas of Rudolf Steiner. It treats soil fertility, plant growth, and livestock care as ecologically interrelated tasks, emphasizing spiritual and mystical perspectives. | A rice -farmer in Biodynamic Agriculture | Live session 1 hour |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | Design Thinking: a view through the Lens from the Past to the Future Cultural heritages evaluated through the idea “Dynamic | This session discussed on “evolutive” conservation of cultural -including tangible and intangible- heritages. “Evolutive” conservation is the idea of harmonization of future and past, and can be examined through “dynamic | Prof. Dr. Kanki Kiyoko Dept. of Architecture, Graduate School of Engineering, Kyoto Univ. Design School, Kyoto University | Live session 2 hours |

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| | | | | Authenticity” and the sustainable future | authenticity”. These ways of thinking are getting interest in Asian researchers and activists. Here are introduced some Japanese and Indonesia case-experiences. | | |
| Tuesday 10/08/2021 | 09.00 – 10.00 | 10.00 – 11.00 | 11.00 – 12.00 | Design Thinking: a view through the Lens from the Past to the Future Collaborative Village Re-generation in China | This presentation will review various practice models of village development in China. The analysis will integrate the social collaboration approach in social innovation and throw lights on the potential of collaborative village re-generation in China. | Dr. Tak Chuen LUK , Project Coordinator of the Yunus Social Business Centre at the Chinese University of Hong Kong | Live session 2 hours |
| | 10.00 – 12.00 | 11.00 – 13.00 | 12.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | Candi Borobudur as A Culture Heritage: A Perspective of Good Sustainable Product Design | | Prof. Ir. Alva Edy Tontowi, M.Sc., Ph.D., IPM., ASEAN Eng Faculty of Engineering, UGM | Live session 2 hours |
| Wednesday 11/08/2021 | 09.00 – 11.00 | 10.00 – 12.00 | 11.00 – 13.00 | Cultural Workshop Traditional Tea Ceremony | Tea and Teaware Integration – Intangible Cultural Heritage in Contemporary Life: China’s intangible cultural heritage is the crystallization of the wisdom of the Chinese for thousands of years. As a living culture which is closely related to the life of the general public and is of great significance, it comes from life and must be returned to life. The presenter will tell the story of the integration of the intangible cultural heritage of Jianshui Zitao with modern life from the perspective of tea-teaware integration. Tea Ceremony | Ms Tian Jing , Cultural Heritage Inheriter, Jianshui Pottery, Yunnan Members of the Sado Club , Kyoto University | Live session 2 hours (co-host) |

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| | | | | | Many cultures gather from abroad- Sado, tea ceremony, is a popular traditional culture of Japan and it fits in daily life. However, it could not be born without works of art from Asian countries. Students who belong to the Sado club will show you how the tea ceremony was established and how to enjoy it. | | |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 14.00 | 13.00 – 15.00 | 14.00 – 16.00 | Cultural Workshop Indonesia Pencak Silat X Thai Boxing | <p>Contribution to the session will be made by the Dean of Faculty of Cultural Science UGM/ Prof. Wening Udasmoro. She is an activist of Pencak Silat and is now organizing Pencak Silat teaching center in Indonesia.</p> <p>"Thai boxing" or Muay-Thai is a martial art and combat sport that uses stand-up striking along with various clinching techniques. This discipline is known as the "art of eight limbs" as it is characterized by the combined use of fists, elbows, knees and shins. Muay Thai became widespread internationally in the late-20th to 21st century, when Westernized practitioners from Thailand began competing in kickboxing and mixed-rules matches as well as matches under Muay Thai rules around the world.</p> | Prof. Wening Udasmoro. Faculty of Cultural Science, UGM | Live session 2 hours (co-host) |
| Thursday 12/08/2021 | 09.00 – 10.00 | 10.00 – 11.00 | 11.00 – 12.00 | Culture Sharing Modernized Thai Royal Cuisine | This chapter will show you the new perspective of Thai food. Not only our positive reputation for street food, but we are also famous for our finest and | Mrs. Amintra Dinakara Successor of M.L. (royal title) Puang, Chef of Queen Mother Royal's Kitchen. | Live session 1 hour |

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| | | | | | most delicate art of cuisine “Royal Cuisine” which inherits from generations. This chapter will introduce you to understand life in palace and life in the old days. | | |
| | 10.00 – 11.00 | 11.00 – 12.00 | 12.00 – 13.00 | Cultural Sharing | The video clips show the nature of two Japanese islands, Yakushima and Iriomote Island. Both islands are registered as UNESCO World Natural Heritage Sites. Although the content of these video clips may be different from the image of Japan that many foreigners have, we hope that you will learn about the diverse culture and nature of Japan through these video clips. | | Live session 1 hour |
| | 11.00 – 12.00 | 12.00 – 13.00 | 13.00 – 14.00 | | | | |
| | 12.00 – 13.00 | 13.00 – 14.00 | 14.00 – 15.00 | Cultural Sharing Modernized Chinese Cuisine: A Bit of China | Gift from Nature: beautiful food and story of nature and people behind | Associate Professor Ms Rong Xiang, PhD. Social Work Research Institute, School of Ethnology and Sociology, Yunnan University | Live session 1 hour |
| | 13.00 – 14.00 | 14.00 – 15.00 | 15.00 – 16.00 | Cultural Sharing Indonesia’s Traditional Culinary: | Contribution to this session will be made by the prominent lecture from Faculty of Agricultural Technology, UGM | Prof. Eni Harmayani Faculty of Agricultural Technology, UGM | Live session 1 hour |
| | | | | <u>Elective Class **</u> Self-Awareness and Self Esteem (11 minutes) conducted by Dr. Rapee Boonplueang Intrapersonal Communication (13 minutes) conducted by Dr. Rapee Boonplueang | | | Recorded class |
| | | | | <u>Elective Class **</u> Introduction to Thai Food-1 & 2 (20 minutes) conducted by Dr. Chanokporn Puapattanakun | | | Recorded class |

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| | | | | Elective Class ** Ethnic and Multicultural Relations (30 minutes) Conducted by | | | Recorded class |
| | | | | Elective Class ** "Systematic Thinking" (2 hours) Conducted by Ms. Serena Tan | | | Recorded class |
| | | | | Elective Class ** Local Thai Food: from The North to The South (1 hour) Conducted by Asst. Prof. Dr. Yurapom Sahasakul | | | Recorded class |
| | | | | Elective Class ** Dvaravati and ASEAN Textiles (30 minutes) Conducted by Mr. Anurak Karnchan | | | Recorded class |
| | | | | Elective Class ** Bangkok Old Town Virtual Visit (40 minutes) | | | Recorded class |
| | | | | Elective Class ** Eco-Tourism in the Area: Virtual Site Visit (1 hour) | | | Recorded class |
| Friday 13/08/2021 | 09.00 | 10.00 | 11.00 | Final Presentation * | Group 1 | Kyoto U.: Prof. Eiji Nawata MU: Dr. Pattira Thaithosaeng UGM: Safirotu Khoir, Ph.D YNU: Assoc.Prof. Mrs. Xiang Rong, PhD. | Live session |
| | 09.25 | 10.25 | 11.25 | | Group 2 | | |
| | 09.50 | 10.50 | 11.50 | | Group 3 | | |
| | 10.15 | 11.15 | 12.15 | | Group 4 | | |
| | 10.40 | 11.40 | 12.40 | | Group 5 | | |
| | 11.00 – 12.30 | 12.00 – 13.30 | 13.00 – 14.30 | Break | | | |
| | 12.30 | 13.30 | 14.30 | Final Presentation * | Group 6 | Kyoto U.: Prof. Eiji Nawata MU: Dr. Pattira Thaithosaeng UGM: Safirotu Khoir, Ph.D YNU: Assoc.Prof. Mrs. Xiang Rong, PhD. | Live session |
| | 13.00 | 14.00 | 15.00 | | Group 7 | | |
| | 13.25 | 14.25 | 15.25 | | Group 8 | | |
| | 13.50 | 14.50 | 15.50 | | Group 9 | | |
| 14.10 | 15.10 | 16.10 | | Group 10 | | | |

As of 3 August 2021

Note:

* Final Report and Presentation: Students will work together on their chosen topic via online platforms while participating in this program. They will have to consult with their advisor after a week of working to show the progress of their work. At the end of the program, they will have to give a 15 minute-presentation, 7 - 10 minute-oral presentation and 5 - 8-minute Q&A from advisors, commentators and other participants.

** Participants choose 2 elective classes based on their interests.

Cultural Sharing and Elective Classes are pre-recorded classes which can be taken by the participants at their convenience (elective classes might be changed later).

The schedule is subject to change.

All participants are required to show full attendance.