

# Sawasdee Thailand Summer Program (Virtual) 2021

23 August – 3 September 2021

Note: recorded chapters will be available 2 days before on-air dates.

Date	Time GMT +7 Indochina Time (Thailand)	Time GMT + 8 (Singapore, Malaysia, Taiwan, Hong Kong, Central Indonesia Time)	Time GMT + 9 Japan Time	Topics	hours
23 August (Monday)	12.00 – 13.30	13.00 – 14.30	14.00 – 15.30	Opening Ceremony Introduction to Mahidol University and Sawasdee Thailand Summer Program	1.5
24 August (Tuesday)	Recorded Chapter			Course 1: Introduction to Thailand and Thai Culture	1
	14.00 – 16.00	15.00 – 17.00	16.00 – 18.00	[LIVE] Introduction to Thailand and Thai Culture	2
25 August (Wednesday)	Recorded Chapter			Course 2: Everyday Thai Language Skills	1
	14.00 – 16.00	15.00 – 17.00	16.00 – 18.00	[LIVE] Everyday Thai Language Skills	2
26 August (Thursday)	Recorded Chapter			Course 3: Ethnic and Multicultural Relations	0.5
	14.00 – 15.30	15.00 – 16.30	16.00 – 17.30	Live Session Conducted by Culture-based Business	1.5
27 August (Friday)	Recorded Chapter			Course 5: Thai Herbs and Traditional Medical Wisdoms	0.5
	Recorded Chapter			Course 6: Eco-tourism Management Virtual Visit	1
	14.00 – 16.00	15.00 – 17.00	16.00 – 18.00	[LIVE] Course 4: Superstition and folklore of Thai People	2
Weekend					
30 August	Recorded Chapter			Course 7: Introduction to Thai Food	0.5

(Monday)	Recorded Chapter			Course 8: Local Thai Food: from The North to The South	1
	Recorded Chapter			Course 9: Thai Royal Cuisine	0.5
	14.00 – 15.30	15.00 – 16.30	16.00 – 17.30	[LIVE] Cooking Class Workshop	1.5
31 August	Recorded Chapter			Course 10: Thai Massage: Unlock the Secret of Healing Power	1
(Tuesday)	14.00 – 15.00	15.00 – 16.00	16.00 – 17.00	[LIVE] Thai Boxing	1
1 September	Recorded Chapter			Course 13: National textiles and traditional Dress	1
(Wednesday)	Recorded Chapter			Course 14 Thai Dancing (Lecture and Demonstration)	1
	14.00 – 15.00	15.00 – 16.00	16.00 – 17.00	[LIVE] Thai Dancing Workshop	1
2 September	Recorded Chapter			Course 11: Urban Culture and Digital Culture in Thailand	1
(Thursday)	Recorded Chapter			Bangkok Old Town Virtual Visit	0.5
	14.00 – 16.00	15.00 – 17.00	16.00 – 18.00	[LIVE] Course 12: Thai Culture and Society through Ent' Media	2
3 September	Recorded Chapter			Course 15: Self-Awareness and Self Esteem + Intrapersonal Communication	0.5
(Friday)	14.00 – 16.00	15.00 – 17.00	16.00 – 18.00	[LIVE] Program Wrap-up and Reflection Group Presentation	2

